

**FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



Commodore Sloat Anchor Afterschool Program 2022–2023

LETTER TO FAMILIES

Dear Future Anchor Families & Guardians,

First and foremost, welcome to the Commodore Sloat community! Our Anchor Afterschool Program is certified under California Community Cares Licensing. Each of our classes consists of one Teacher Qualified staff and one aide (if necessary), and operates between a 1:14 and 1:20 teacher-student ratio. All of our staff have been trained in Child Abuse Prevention, First Aid/AED/CPR, Youth Development Modules, and Restorative Practices.

Here at the Anchor Afterschool Program, we create a safe and supportive environment for all of our youth. We achieve our safe and supportive environment by implementing intentional community building activities and leading social emotional learning (SEL) lessons.

We are an enrichment-based program and strive to offer and lead enrichments that reach the peak of our youth's interest.

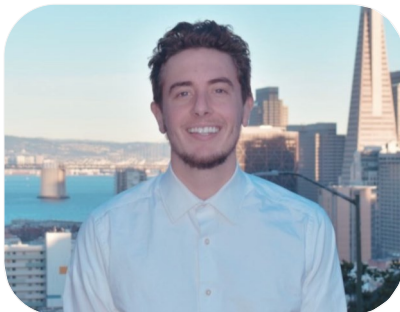
In addition to being an enrichment-based program, we also strongly promote:

- Healthy Eating & Physical Activity
- Academic Success
- Social/Emotional Learning

I look forward to getting to know all of our new families very soon!

Sincerely,

Nick Newman



OUR PROGRAM



Our Anchor Afterschool Program is broken down into three main components. The three components are: enrichment, healthy eating and physical activity, and academic support. These three components are regularly found within our program schedule. Here is a little bit more about each component!

Enrichments:

- Over the course of the school year we offer four different enrichment cycles, which last for six weeks each!
- Within each cycle, there are two different sets of enrichments (Ex: Mon./Tues. and Wed./Thurs.)
- Our enrichments are split by grade: K-2nd and 3rd-5th or K/1st, 2nd/3rd, and 4th/5th.
- Each enrichment cycle, our youth have between 4-8 enrichments to choose from.
- Examples of enrichments include: arts and crafts, sports, origami, food art, animal and marine life, science, grossology, and much more!
- We also work with outside enrichment leaders such as Nagata Dance, Bricks 4 Kidz, and Oceans after-school.
- More information regarding enrichments and how to signup will come about next school year!

Healthy Eating and Physical Activity:

- All of our students are served supper each day.
- We receive our supper from the Student Nutritional Services (SNS) of the SFUSD.
- As a half-day program, we require our youth to get up and play for 30 minutes a day!
- Our outdoor time is called "Motion Madness", where our youth participate in structured games led by our staff.
- Each grade has a designated Motion Madness space.

STONESTOWN FAMILY YMCA
333 Eucalyptus Drive
San Francisco, CA 94132
www.ymcasf.org/stonestown

FOR MORE INFORMATION:

Nick Newman, Site Coordinator
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Nnewman@ymcasf.org

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OUR PROGRAM CONT...

Academic Support:

- Monday-Thursday, our 1st-5th graders have 50 minutes of academic support each day.
- During Academic Support, our program is divided by grade level. Each grade has a designated homework area.
- During Academic Support, our teachers patrol the classroom, check-in on students, and assist them as needed.
- If students finish their homework early, we encourage them to read a book or choose one of our academic-based activities.
- Our Kindergarten class does not work on homework during afterschool. Instead they participate in read-alouds, art and science projects, community building exercises, and much more!

REGISTRATION, PROGRAM OPTIONS & PRICING

Registration for the 2022-2023 school year will open up late April or early May. Registration info will be emailed out in April.

ExCEL Program:

- ExCEL Program— One time yearly payment of \$200. Must follow Attendance/Pick-up Policies set by SFUSD partners. To qualify, families must receive either free or reduced through the district.

Fee-Based Programs:

- Fee-Based Programs: Monthly payments. Options of 3 or 5-days a week programming. More flexibility on attendance and pick-up.
- YMCA facility (gym) members receive a discounted monthly rate. There is also a 20% sibling discount.

# of Days	Monthly After School Program Fee (non-members / members pricing)	Monthly AM Care Fee (non-members / Members pricing)
Five-days a week	\$525/\$455	\$204/\$161
Three-days a week	\$365/\$318	TBD

*Prices are based on the 2021-2022 school year and are subject to change

ANCHOR ASP SCHEDULE

Monday, Tuesday, and Thursday Schedule

Time	Activity
2:55-3:05	Sign-In & Announcements
3:05-4:15	Enrichments
4:15-4:30	Supper
4:30-5:00	Motion Madness
5:00-5:50	Academic Support
5:50-6:00	Closing

Wednesday Schedule

1:40-1:50	Sign-In & Announcements
1:50-3:05	SEL Lessons or Community Build.
3:05-6:00	Same Schedule as Above

Friday Schedule

2:55-3:05	Sign-In & Announcements
3:05-3:30	Supper
3:30-4:15	Motion Madness
4:15-4:45	Program-Wide Assembly
4:45-6:00	Youth Choice

PROGRAM & OFFICE HOURS

Nick Newman is the Anchor Afterschool Program's Site Coordinator. Nick handles background operations for the entire program, and supports the program during its hours of operation. Listed are the Program Hours & Office Hours:

- Morning Care Program:**
 - Monday-Friday (7:00am-8:30am)
- Afterschool Program:**
 - M, T, TH, F (2:55 PM—6:00 PM)
 - Wednesday (1:40 PM—6:00 PM)
- Office Hours*:**
 - Monday-Friday (10:00am-2:00pm)

*These hours may vary depending on meetings and trainings